

Professional Biography: Stefan Brunnhuber: 1-2012

For the past 25 years, I had the possibility to pursue my medical career underscored by a variety of cross-cultural and interdisciplinary hands-on experience within health care systems on five continents, native Europe, Asia, Africa, Australia and the United States.

1. After having finished job training as car mechanic in Germany and in the US in the early 1980's, I studied medicine and social science in a double tracked program, specialized in *psychiatry and psychotherapy*, wrote my PhD-thesis¹ on socioeconomics and then accepted a consulting appointment at Würzburg University (1999-2007). After having finished a one year sabbatical at MAYO/USA and UCLA/USA, I finished a one year fellowship in the field of European naturopathy and internal medicine at the University Essen-Duisburg/Germany. In 2008-2009 I work as a specialist at the Villa-Vita under Dr. Otto and finished further board certified trainings in *addictive medicine* (2009), in *European naturopathy* (2009), a final board exam as specialist in *psychosomatic medicine* (2010) and *social medicine* (2010) as well as a PhD in Medicine at the university of Würzburg/Germany (2011).² In 2009-2010 I have been working as clinical consultant and deputy-head at the department of Psychiatry and Psychotherapy at the University of Salzburg/Austria. I do have full accreditation to practice as *psychiatrist* and as (*training*) *psychotherapist throughout* Europe. I am currently appointed (2010) Medical Director and CMO at one of the first hospitals in Integral Psychiatry-Psychosomatics and Psychotherapy in Saxonia/Germany, where I can successfully implement an integral approach in mental health on a practical and clinical level.

2. The European Institute of Medicine (EiM) at the behest of the European Parliament invited me to join four international working groups: "Health is wealth"³, "New medical paradigm for the 21st century"⁴, as well as "European health care as the leading market in the 21st Century"⁵ on request of the EU-Commission. These reports underscore the importance of the health care sector in a sustainable society and outline political strategies, new financial perspectives, a curriculum for medical schools and emphasize the paradigm shift from a mechanical perspective towards a systemic view in medicine. In 2009 I got appointed as *scientific adviser* for the EU-Commission. Currently a new report, on request of the new Commissioners Dalli and Hahn on 'cross-border health care in EU' is in the making (2012). In addition I am founding member (2011) of the Alma Mater Europeae, the first trans-university network offering high-level expert courses and seminars on a European level.

¹ „Die Ordnung der Freiheit. K. Poppers Modell der Offenen Gesellschaft in der Soziologie der Gegenwart“, 1999, Leverkusen, Leske und Budrich. Band 1: Geschichte und Theorie; Band 2: Das Paradigma der Offenheit, Leverkusen, Leske und Budrich: Universität Konstanz

² „Affekt und Symptombildung- Die Bedeutung der Affektpsychologie für die psychosomatische Symptombildung“, 2011 Würzburg, Germany

³ "Health is Wealth – Strategic Visions for European Health Care at the Beginning of the 21st Century", European Institute of Medicine (EiM), New York, Springer

⁴ „Das Neue Paradigma der Medizin im 21. Jahrhundert“ Ed. F. Unger et al, 2006, Springer, Frankfurt, New York

⁵ Unger F., Breipohl W., Brunnhuber S., Fayl G., Fayl U., Hauff M., Messmer K., Moccaldi A., Gagliardi D., Rubia FJ., Paal TL., Ihl R., 2009. "European Lead market in Health Care" DVC, Weimar

3. The link between the healthcare sector, the financial system and sustainability issue became important besides my clinical work and my teaching interests. As system solution requires a complementary approach became a more important area of research. As spokesman of the international working group of the European academy of Science and Arts (EASA) I chaired the group's report "Wie wir wirtschaften werden"⁶ – Our Future Economy (2003). This work cited as one the top ten pieces of literature in Germany/ Europe as a look into our impending future. Together with Bernard Lietaer, I am now co-authoring the upcoming report to the prestigious Club of Rome entitled "Money and Sustainability- the Missing Link" (2012) which stresses out new complementary financial solutions for the current crisis and a sustainable future. From 2002-2010 I have been regularly lecturing on these topics at the PPKE-University in Budapest, as well as at the doctoral school at the Economic Department in Szeged University Hungary.

I have been member of the Club of Rome, Member of the European Academy of Science and Arts (EASA) and Vice-chairman at the directorial board of the European Institute of Medicine (EiM). Here I am involved in evidence based political counseling and executive decision-making.

I am involved in over 300 publications and presentations, including invitations to some of the top ranked universities in the world like JNU (India), SNU (S-Korea), Kumbaba-Tokyo-University (Japan), University of Zurich (Switzerland), Beijing (China), MAYO (USA), UCLA (USA), Berlin Charité, (GER) and others.

Besides my professional activities, I am married and have a daughter. My wife is a US and French citizen and worked as an MD at UCSF. We currently live in Dresden and we are interested in hobby farming and sports. In case you needed more information, please feel free to contact me via email: brunnhuber.cor@gmxpro.de or through my website: www.stefan-brunnhuber.de.

A handwritten signature in black ink, reading "Brunnhuber". The signature is written in a cursive, flowing style.

Stefan Brunnhuber

⁶ "Wie wir wirtschaften werden" 2003, Brunnhuber, St.& Klimenta H., Ueberreuther, Frankfurt